

Help the *Aleethia Foundation* continue to honor and serve our injured service members!

Donations can be made by mailing a check to The *Aleethia Foundation* or for credit card charges and e-checks, please go to www.aleethia.org and click on “Donate” and follow the instructions. You will have options to choose which *Aleethia* Program you wish your donation to support.

You can set up a **recurring payment option** which replicates your original payment by choosing a subscription schedule; for example, weekly, monthly, quarterly, etc.

To be a “Friday Night Dinner” sponsor, please contact Hal Koster, Founder & Executive Director at 202-714-0135 or email hal@aleethia.org



Aleethia is the Greek word for Truth. The name was selected because Truth is the essence of what the “Friday Night Dinners” convey – that America appreciates the sacrifices of these fine men and women, that they will heal and regain their lives with their families and that they can be proud of their service.

Aleethia Foundation's Friday Night Dinner Toast ... "Here's to the men and women of the United States Military, especially those serving in harm's way."



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OUR STORY...

The **Aleethia Foundation** is a 501(c)(3) Corporation [Tax ID #51-0529300] which was founded to support the newly injured service members recovering at Walter Reed Army and National Naval Medical Centers. (Merged in August 2011 to become Walter Reed National Military Medical Center “WRNMMC-Bethesda”)

Aleethia provides “Friday Night Dinners” which were originally started in October 2003 when the injured began arriving at the military medical centers. WRNMMC continues to be an outstanding health care facility and remains busy with patients that come from all over the world. These patients are not only facing difficult medical problems but they are away from their families and friends. The dinners and other **Aleethia** programs help the patients get away from their health issues for a short time and relax. This all helps in the healing process.

Aleethia is proud to play a role in supporting wounded/injured/ill service members and their families through the healing and rehabilitation process. Your donations help us to provide direct and immediate assistance to the wounded/injured/ill service members.

WON'T YOU HELP US?

The **Aleethia Foundation** has several programs:

- ❖ **Friday Night Dinners** –Since 2003, over 55,000 meals have been provided to wounded/injured/ill service members, their families & caregivers.
- ❖ **Small Grants** for transitional support
- ❖ **Hyperbaric Oxygen Therapy (“HBOT”)** Provides amazing healing for several issues; such as Traumatic Brain Injuries.
- ❖ **Assistive Technology** for patients with traumatic brain injury or psychological health conditions as requested by Assistive Technology Specialists at NICOE/WRNMMC and other military medical centers.
- ❖ **Basic Needs** - Clothing, groceries, traveling expenses etc.
- ❖ **“Dine Out on Aleethia”** program for special occasions or a night out as suggested by hospital staff
- ❖ **Tickets** to sporting events, concerts, tours and other outings
- ❖ **Transportation** to special events or as needed



Aleethia Happenings!

Follow current Events on Facebook
www.facebook.com/AleethiaFoundation

TOGETHER WE CAN MAKE A DIFFERENCE...

Aleethia's programs are designed to reduce stress and isolation, nurtured family relationships, increase independence, bridge gaps and much more. This all helps with the healing process. Even after they return to their hometowns, **Aleethia** continues to assist and support with unexpected needs.

Through the continuous generosity and compassion of our donors, sponsors, supporters, volunteers and friends, we are able to continue our efforts as long as there is a need. We will be there to remind the service members that they will not be forgotten and their sacrifices were not in vain.

Your support of **Aleethia's** programs makes it possible for us to continue supporting these deserving service members and their immediate families. Your method of giving preserves the dignity of the service members so they do not have to parade in front of a camera or attend fundraisers in order to get the support they need and deserve.



Aleethia continues to operate on a volunteer basis